

Etiquette

When climbing the Shiretoko Mountains

# Do you have disposable toilet packs?

For the Conservation of Shiretoko World Natural Heritage

## ■ Please use disposable toilet packs!

With more than ten thousand climbers visiting the Shiretoko Mountains every year, fecal waste generated by climbers is causing serious problems in campgrounds and the surrounding area, including unpleasant odors and polluted watering sites. In addition the paths made when climbers go to relieve themselves are resulting in the increase of bare ground, and serious damage to the National Heritage sites. Although it takes more than ten hours to climb and descend the mountains, there are very few restrooms along the trails, and only one booth for the usage of disposable toilet packs, located near the watering place "Ginreisui," which can be found after a three-hour walk from the starting point of Iwaobetsu Trail. Disposable toilet pack collection boxes are also located at the starting point of each trail. In order to conserve the nature within the Shiretoko World Natural Heritage Site, please always bring disposable toilet packs with you. Thank you in advance for your kind understanding and cooperation.

**Please relieve yourself before entering the mountain trails and use disposable toilet packs while on the mountain trails!**

- ⚠ Please bring disposable toilet packs
- ⚠ Disposable toilet packs are sold at the starting point of each trail
- ⚠ Disposable toilet pack collection boxes are installed at the starting point of each trail



Please dispose of used disposable toilet packs and toilet paper in the collection boxes



Please take the utmost care NOT to step on precious plants while using disposable toilet packs

Please bring back used disposable toilet packs and toilet paper after your hike,  
and dispose of them into the collection boxes at the starting point of each trail.

Please be advised that you can only dispose of used OUTER packs in the collection boxes, not feces.

As such, please throw feces into the rest rooms at the starting point beforehand.

## Where can I buy disposable toilet packs?

You can purchase disposable toilet packs at the stores listed below:

### Shari Town

- Kinoshitagoya
- Hotel Chinohate
- Shiretoko Nature Center
- Shiretoko Goko Park Service Center
- Shiretoko World Heritage Conservation Center
- Michi-no-Eki (Roadside Station) Utoro Shirietoku
- Seicomart in Utoro

### Rausu Town

- Shiretoko Rausu Visitor Center
- Murata Sports

## Location of disposable toilet booth and collection boxes

### Booth

- Ginreisui Watering Place

### Collection boxes

#### Shari Town

- The starting point of Iwaobetsu Trail (in the parking lot of Hotel Chinohate)
- The starting point of Mt. Iou trail (alongside the Prefectural Road)

#### Rausu Town

- The starting point of Rausu-Onsen Trail (at the camping ground of Rausu-Onsen)

### Around Lake Rausu

- booth • near Yonnonuma (It takes about 40 minutes from the starting point on foot)
- box • The starting point at Lake Rausu (alongside the road)

### The Period of Collection

The collection boxes are available from July to Mid-October (from July to September at the Mt. Iou Trail)

## Location of disposable toilet booth and collection boxes

Please relieve yourself before entering the mountain trails



toilet in front of Hotel Chinohate



collection box beside toilet



toilet at the camping ground of Rausu-Onsen



collection box at the camping ground of Rausu-Onsen